



Accelerate Learning in Every. Single. Student.

Self-Paced  
*Online Course*

For Educators & Parents

## YOU DECIDE

My intention is: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Rules for this course: \_\_\_\_\_  
\_\_\_\_\_

What's great about \_\_\_\_\_ is \_\_\_\_\_  
\_\_\_\_\_



*Reaching out to make a connection says...*

You matter to me, and I believe in you.

It's what re-charges our emotional batteries.

What I already know is great about \_\_\_\_\_ is \_\_\_\_\_  
\_\_\_\_\_

What I already know is great about \_\_\_\_\_ is \_\_\_\_\_  
\_\_\_\_\_

What I already know is great about \_\_\_\_\_ is \_\_\_\_\_  
\_\_\_\_\_

What I already know is great about \_\_\_\_\_ is \_\_\_\_\_  
\_\_\_\_\_

## FORMULATING YOUR "MAKE A DIFFERENCE" PLAN



*T*here is a heart that beats within every single one of us.  
Connection calls the heart of the matter forth  
in ways that are beyond our human understanding.  
How compassion works is a mystery.  
With behavior-affirming attention, there  
is a whole range of positive possibilities.

## IYS & CV

### In Your Shoes & Core Values

Always Ask "WHAT ..." – Never Ask "WHY?"

"What was going on for you that you \_\_\_\_\_?"

Because most have never been asked this ... w-a-i-t a few moments and then ask,

"If you did know what would it be?"

Wait for it ... Wait for it .... w-a-i-t -- f-o-r -- i-t....

If they still don't know, direct them to finding their own answers:

"Let me know when you know."

"For now, we'll get back to work. It's important to me, so we will revisit this later."

When anger is erupting or some form of violence or bullying has occurred ask:

"What do you think this person did to hurt you?"

OR

"What were you hoping to accomplish?"

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“Tell me more.”

“Talk to me about that.”

“I’m on your side here, let’s figure this out together.”

After it has become clear what the emotional reaction to a situation was, move into teaching them how to self-regulate. Help them find solutions that will remedy what has upset them, by asking:

“How would you prefer that it be?”

“Let’s get quiet for a minute. Close your eyes and see if you can hear what your ‘quiet’ inside voice says.”

Or give them a notebook for them to start writing how they’d prefer that the situation be.

Or have them first write what they no longer want to be happening in their life.

Then after they’ve done that for a few minutes, then they can access the heart of what they really want.

Once they begin to identify how they prefer that it be:

“Let’s visualize the **Best Case Scenario** together right now.”

“Let’s role play a new way of handling this, right here, right now.”

Finally, ask:

“Is there anything you would like from me to help you with this?”

*The courage to speak must be matched  
by the wisdom to listen.*

– Unknown

*Make A Difference with the Power of Connection* pages 46 & 87